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Table 1. Demographic characteristics of the study population (n = 1000)	Table 2. Demographic characteristics of the study population (n = 1000)
<p>Age (years)</p> <p>18-24: 150 (15%)</p> <p>25-34: 250 (25%)</p> <p>35-44: 300 (30%)</p> <p>45-54: 200 (20%)</p> <p>55-64: 100 (10%)</p> <p>65-74: 50 (5%)</p> <p>75-84: 20 (2%)</p> <p>85-94: 10 (1%)</p>	<p>Gender</p> <p>Male: 550 (55%)</p> <p>Female: 450 (45%)</p>
<p>Ethnicity</p> <p>White: 600 (60%)</p> <p>Black: 200 (20%)</p> <p>Hispanic: 150 (15%)</p> <p>Asian: 50 (5%)</p> <p>Other: 100 (10%)</p>	<p>Marital Status</p> <p>Married: 500 (50%)</p> <p>Single: 300 (30%)</p> <p>Divorced: 150 (15%)</p> <p>Widowed: 50 (5%)</p> <p>Never married: 100 (10%)</p>
<p>Education Level</p> <p>High school or less: 300 (30%)</p> <p>Some college: 250 (25%)</p> <p>Bachelor's degree: 350 (35%)</p> <p>Master's degree: 100 (10%)</p> <p>PhD: 100 (10%)</p>	<p>Income Level (Annual)</p> <p>< \$10,000: 100 (10%)</p> <p>\$10,000 - \$20,000: 200 (20%)</p> <p>\$20,000 - \$30,000: 250 (25%)</p> <p>\$30,000 - \$40,000: 200 (20%)</p> <p>> \$40,000: 250 (25%)</p>
<p>Health Status</p> <p>Good: 400 (40%)</p> <p>Fair: 300 (30%)</p> <p>Poor: 300 (30%)</p>	<p>Smoking Status</p> <p>Current smoker: 200 (20%)</p> <p>Former smoker: 300 (30%)</p> <p>Never smoker: 500 (50%)</p>
<p>Alcohol Consumption</p> <p>Abstain: 150 (15%)</p> <p>Light (1-2 drinks/week): 300 (30%)</p> <p>Moderate (3-4 drinks/week): 250 (25%)</p> <p>Heavy (5+ drinks/week): 300 (30%)</p>	<p>Exercise Frequency</p> <p>None: 100 (10%)</p> <p>Light (1-2 times/week): 200 (20%)</p> <p>Moderate (3-4 times/week): 300 (30%)</p> <p>Heavy (5+ times/week): 400 (40%)</p>
<p>Chronic Conditions</p> <p>Hypertension: 250 (25%)</p> <p>Diabetes: 150 (15%)</p> <p>Heart Disease: 100 (10%)</p> <p>Asthma: 50 (5%)</p> <p>Chronic Pain: 100 (10%)</p>	<p>Medication Use</p> <p>None: 100 (10%)</p> <p>1-2 medications: 200 (20%)</p> <p>3-4 medications: 300 (30%)</p> <p>5+ medications: 400 (40%)</p>
<p>Healthcare Utilization</p> <p>Regular visits: 400 (40%)</p> <p>Occasional visits: 300 (30%)</p> <p>No visits: 300 (30%)</p>	<p>Health Insurance</p> <p>Private: 400 (40%)</p> <p>Medicare: 300 (30%)</p> <p>Medicaid: 200 (20%)</p> <p>Uninsured: 100 (10%)</p>
<p>Study Duration</p> <p>1-3 years: 150 (15%)</p> <p>4-6 years: 250 (25%)</p> <p>7-9 years: 300 (30%)</p> <p>10-12 years: 200 (20%)</p> <p>13-15 years: 100 (10%)</p>	<p>Study Completion Rate</p> <p>Completed: 800 (80%)</p> <p>Dropout: 200 (20%)</p>

